



First Aid/CPR/AED r.21 Instructor Course

Fact Sheet

Course Purpose

The purpose of the American Red Cross FA/CPR/AED Instructor course is to train instructor candidates to teach the basic-level American Red Cross FA/CPR/AED course.

Course Prerequisites

FA/CPR/AED Instructor candidates must possess a current basic-level certification in FA/CPR/AED or equivalent.

Course Objectives

- Exhibit the characteristics required of an American Red Cross representative and role model.
- Follow the directives and procedures related to the conduct and administration of American Red Cross courses, including the Instructor Agreement and Instructor Code of Conduct.
- Conduct courses in a manner that helps participants to stay engaged in the learning process and meet course objectives.
- Perform applicable first aid, CPR and AED skills at an appropriate skill level at instructor-level skill proficiency.
- Plan for and ensure participants' health and safety during training.
- Maintain complete and accurate records and reports.
- Plan, organize and conduct the first aid, CPR and AED courses in accordance with the requirements of the specific class they will be teaching.
- Monitor participants' practice, evaluate performance and provide corrective feedback and encouragement that is consistent with the skill assessment tools.
- Recognize that the requirements in the skill assessment tools are criteria for ascertaining the proficiency of a participant's performance.
- Effectively use program materials and training equipment.
- Explain procedures for acknowledging course completion and accessing American Red Cross digital certificates.

- Deliver quality, consistent and standardized content by following the FA/CPR/AED instructor manual(s) and other program materials.
- Choose the appropriate course and materials to meet the specific training needs of participants or groups

Course Length

The FA/CPR/AED Instructor Course is offered in a blended learning format that includes:

- FA/CPR/AED Instructor Course online session—designed to be completed in approximately 2 hours.
- FA/CPR/AED Instructor Course in-person session—designed to be completed in approximately 5 hours and 30 minutes.

Instructor

Instructors must hold a FA/CPR/AED instructor trainer certificate in order to teach the FA/CPR/AED Instructor Course. Specific information on eligibility and instructions on how to receive a FA/CPR/AED Instructor Trainer certification can be found on the Red Cross Learning Center.

Certification

Participants who successfully complete the FA/CPR/AED instructor course will be issued a FA/CPR/AED Instructor certification that is valid for two years.

Course Materials

FA/CPR/AED Instructor Candidates should obtain and review the following course materials prior to attending the First Aid/CPR/AED Instructor Course:

- American Red Cross FA/CPR/AED Instructor's Manual for Instructor-Led Training
- American Red Cross FA/CPR/AED Instructor's Manual for Blended Learning
- American Red Cross FA/CPR/AED Participant's Manual (print or eBook)
- American Red Cross FA/CPR/AED Course videos, available on the Course Presentation, DVD or video segments on the Red Cross Learning Center.

Digital materials are available, including how to access Participant's Manual eBook, on the FA/CPR/AED Instructor Candidate's page of the Red Cross Learning Center (redcrosslearningcenter.org/s/candidate-first-aid-cpr-aed). Print materials are available for purchase on the Red Cross Store (redcross.org/store)